

VLTs



Keep your play entertaining by only playing
for fun and sticking to your budget.



Your Guide to Healthy
Play for VLTs

YOURBESTBET

HEALTHY PLAY TIPS FOR PLAYING VLTs

Set your time & money limits before you start

Deciding how much money and time you want to spend before you play is a good way to keep the games fun and enjoyable. Set a limit and stick to it. To help you do this, check out yourbestbet.ca.

Don't chase your losses

When you've already lost, chances are your losses will only get larger. Continuing to play when you've lost your budgeted amount is a surefire way to spend more money than planned.

Be aware that wins are random

No matter what you do, you cannot influence the outcome of a spin. Changing bet amounts, or trying to time the 'spins', have no effect on whether or not you'll win. Outcomes are randomly generated and cannot be influenced by anything you do.

Take breaks

Stepping away for a break or a walk is a great way to collect your thoughts, cool down and then decide if you should stop playing for that day. You could set a timer on your phone or plan to meet a friend for coffee.

Never borrow money to gamble

Don't spend money already budgeted for other things, like rent or groceries. Stick to a gambling budget. If you spend your budgeted amount, stop gambling.

Limit alcohol or substance use

Gambling while under the influence of alcohol or other substances can impair your judgement.

VLTs can be entertaining when you play for fun. This brochure can help you manage your play by providing healthy play tips and giving you other information that can help you make more informed decisions.



The house rules have been developed to ensure that the house wins more than the player.

THE TRUTH ABOUT VLTs

There are many myths about how VLTs work, and how you can 'beat' the system to win more often. In reality, VLTs are like any other form of chance-based gambling. The results are random. You cannot control their outcome.

MYTH: If you leave a machine after playing for a while, the next player can steal your jackpot.

FACT: There's no such thing as 'stealing a jackpot'. VLTs randomly generate new numbers every millisecond (1,000th of a second). The number generated at the exact moment of play is the number that will determine a win or loss. For each millisecond, the numbers are different.

MYTH: There are 'hot' and 'cold' machines. 'Hot' machines are about to payout.

FACT: There's no such thing as a 'hot' or 'cold' machine. VLTs randomly generate numbers, so the wins and losses are completely unpredictable. The past performance of a VLT has nothing to do with the next play.

MYTH: It's possible to figure out a VLT's pattern to develop a strategy to win.

FACT: There is no way to influence or predict the outcome of a spin. There is no pattern to wins or losses because the outcomes are determined by randomly generated numbers. Even if you think you see a pattern, there isn't one. Results that look like a pattern are just a coincidence.

MYTH: A VLT is 'due' to payout if it hasn't paid out for an extended period of time.

FACT: A VLT is never 'due' to payout. If a machine has not paid out in a long time, it could continue to not payout, or it could suddenly have a payout. It's completely unpredictable.

MYTH: VLT payouts run in cycles. You just have to play until the cycle runs its course in order to win.

FACT: There is no such thing as a VLT cycle. A Random Number Generator (RNG) runs through trillions of combinations so there is no way for a cycle to develop. Outcomes are completely random and you cannot predict a win or loss in any way. Playing more or longer may result in a bigger loss. Don't be tempted to chase losses; it is best to take a break so you will make better decisions about your play.

MYTH: A 'near win' is a sign that a VLT is about to payout.

FACT: Each play is random and independent. There is no such thing as a near win – you either win or lose, period. There is no way to predict the outcome of the next spin. Each spin is independent from the one before it and it is completely unpredictable.

HOW VLT MACHINES WORK

VLTs are a form of electronic gaming machines. They are controlled by computer programs that randomly generate numbers every millisecond. These numbers determine whether you win or lose. This means that at any point – whether you've been playing for 5 seconds or 1 hour – the outcomes are unpredictable. Each spin is independent of each other.

CHANCES OF WINNING

The thing about VLT payouts is that you can't predict when they will happen. They just do or they don't on each spin. Payouts vary from game to game and play to play depending on the amount wagered on each play. The payout percentages of these games range from 92-95%. Even though more than 90% of all wagers are returned to players (i.e. you may win on some plays), this means that all players will over time lose an average of up to 5-8% of all amounts they wager. If you reinvest all your winnings without cashing out, you will eventually lose all of the money wagered.

This brochure has been developed by:



Nova Scotia Health's Provincial Mental Health and Addictions Crisis Line is available 24 hours a day, seven days a week for anyone experiencing a mental health or addictions crisis, or someone concerned about them.

Call [toll-free] 1-888-429-8167
or visit MHAHelpNS.ca

For more information, please visit
YOURBESTBET.ca